

# AVTAR

## NEWSLETTER

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### Continuing Medical Education

#### CME on Lumbar Spondylosis

The fourth session of the series of Continuing Medical Education (CME) Programme in Ayurveda organized by The Ayurvedic Trust, Coimbatore under the Centre of Excellence grant was held on 23rd January 2011.

The CME program in Ayurveda on Lumbar Spondylosis started with a lecture on Diagnosis and Management of Lumbar Spondylosis by Dr. B.R.J. Sathish Kumar, Consultant Orthopaedic and Trauma Surgeon, Dr. B.R.J's Ortho Centre, Coimbatore.

Dr. P.N. Mohan Kumar, Professor, Vishnu Ayurveda College, Palakkad delivered a speech on Diagnosis of Lumbar Spondylosis in Ayurveda.

Dr. K. B. Sudhi Kumar, Professor, Dept. of Salyatantra, Govt. Ayurveda College, Tripunithura. given a presentation on Differential Diagnosis & Management of Lumbar Spondylosis.

Dr. Ravishankara Pervaje, Consultant Surgeon and Ayurvedic Physician, Sushrutha Ayurveda Hospital, Puttur, D.K, Karnataka made a presentation on Treatment Aspects of Lumbar Spondylosis through Ayurveda.

Dr. N.S.Sarin, Senior Medical Officer, Arya Vaidya Chikitsalayam, Coimbatore presented Clinical experiences on Lumbar Spondylosis at Arya Vaidya Chikitsalayam.

Finally the Program concluded with a Panel Discussion on Lumbar Spondylosis.

Nearly 100 medical practitioners from the field of Ayurveda participated in the CME program which started at 9 am and concluded by 5 pm in the evening.



**The CME  
focused on diagnosis  
and treatment of  
Lumbar Spondylosis  
from Ayurvedic  
and Modern  
perspectives**

## Software Training Workshop at Coimbatore

The Ayurvedic Trust Campus, Coimbatore has conducted a Software Training workshop on 30th January 2011. Free training on effective usage of clinical documentation software module for Ayurvedic Physicians was provided during the workshop.

ALL PARTICIPANTS WERE GIVEN A FREE COPY OF THE CLINICAL DOCUMENTATION SOFTWARE. All the participants will also have access to future updates and value additions.

The following aspects of clinical documentation was covered during the workshop.

Principles of Clinical Documentation was briefed by Dr. P.Ram Manohar, Director of Research, The Ayurvedic Trust, Coimbatore.

Dr. Anita Mahapatra, Senior Research Officer, AVTAR, Coimbatore spoke on Minimum Standards for Clinical Documentation.

Demonstration and training on Individual Physicians Software was done by the SWASTI Team of AVTAR.

The meeting concluded by 5 pm.



## Software Training Workshop at Kozhikode

Training workshop for clinical documentation with software support was organized at Nalanda Auditorium, Kozhikode on 27th March, 2011 by PAMPA (Private Ayurvedic Medical Practitioners Association) in collaboration with The Ayurvedic Trust, Coimbatore. Around 200 Ayurvedic practitioners participated in the one day workshop, which was inaugurated by Dr. K. Sankaran, Former DAME, Govt. of Kerala, Thiruvananthapuram. Dr. Joji Thachil, Dr. V.V. Narayanan and Dr. K.T. Vinod Krishnan were amongst the other dignitaries who spoke on the occasion.

The inaugural session was followed by the software training workshop. Dr. P. Ram Manohar, Director of Research, AVTAR gave the introduction to the Clinical Documentation Program and outlined the basic concepts. Mr. Naveen, Software Programmer explained how to install the software and the basic features of the same and also how to use it for clinical documentation.

At the end of the meeting, free copies of the software were distributed to the participants.

After the training workshop, Dr. V.N. Parameswaran Potti gave a talk on "Review of the legal fight against quacks - A Kerala Scenario."

The meeting concluded by 5 pm.



## ONGOING PROJECTS

**Value Addition of VCO:**

The project supported by Coconut Development Board of India to improve the therapeutic quality of Virgin Coconut Oil has been extended for thorough study on optimization of the herb extraction. The trials to optimize the extraction are in progress.

**DHARA Database :**

DHARA Database has received wide appreciation from the fraternity, the website interface is being modified to enable easy referring and wide navigation throughout the information in the database. The Second Consultative meeting to discuss the further scope of DHARA, is scheduled to be held towards April end.

## Conferences, Seminars and Workshops

**Dr. P. Ram Manohar, Director of Research, AVTAR**

1. Resource person and gave a talk on Importance of Clinical Documentation during the Software Training Workshop on 23rd January 2011.
2. Was Invited Speaker and presented a paper on Sexuality, Fertility and Reproduction in Ayurveda at the Symposium on Human Reproductive Biology, AIIMS, New Delhi India from February 13-14, 2011.
3. Was Invited Speaker and participated in Tadvidyasambhasha on External Therapies in Ayurveda and also gave talks on Research Methodology in Ayurveda, The reverse pharmacology of Siddhamantra and Sexuality in Ayurveda at the 3rd International Conference on Ayurveda and Yoga, Rishikesh, India from 17-21 February, 2011.
4. Was invited speaker and gave a talk on Message of Ayurveda at Jijnasa 2011, Poonthottam Ayurveda Ashram, Cherplassery, India - 18th March 2011.
5. Was invited speaker and gave a talk on Clinical Documentation at CME Program for Software Training on Clinical Documentation organized by PAMPA at Kozhikode on 27th March 2011.

**Dr. Anita Mahapatra, Senior Research officer, AVTAR**

1. Resource Person and gave talk on Minimum Standards for Clinical Documentation during the Software Training Workshop on 23rd January 2011.
2. Attended National Level Conference on medical records management 26th February 2011, Coimbatore.

**Dr. Sujithra Rammanohar, Research officer SPL.Grade, AVTAR**

1. Attended One day interactive workshop on Shastra Karma on 25th March 2011 Navakkarai, Coimbatore.

**Dr. Sai Deepa Nedungadi, Research Trainee, AVATR**

1. Attended National Level Conference on medical records management 26th February 2011, Coimbatore.

**Mr. Naveen Kumar, Asst. Manager Software Operations, AVTAR**

1. Resource Person and gave a presentation on Individual Physician's Module during the Software Training Workshop on 23rd January 2011.
2. Was Invited Resource person and gave lectures on RUDRA software at Software Training Workshop at Jamnagar 31 January 2011.
3. Was Invited Resource Person and gave a presentation on Individual Physician's Module at CME Program for Software Training on Clinical Documentation organized by PAMPA at Kozhikode on 27th March, 2011.

## Meetings and Assignments

Dr. P. Ram Manohar, Director of Research, AVTAR

1. WHO Consultative Meeting on Guidelines to write scientific papers in Ayurveda, Lucknow on 22nd January 2011.
2. WHO Consultative Meeting on Clinical Research Protocols in Ayurveda, IPGTRA, Jamnagar on 5 and 6 of March, 2011.
3. Appointed as Inspector for inspection of PNNM Ayurvedic Medical College, Shoranur, Kerala on 28 and 29 of March, 2011.

## Published Papers

1. Dr. P. Ram Manohar contributed a chapter on **The blending of healing and pedagogy in Āyurveda** in the second volume of the book *“Foundations of Indian Psychology - Practical Applications”*, which was published and released by Pearson Education, India this month.



## Newly Released DVDs and Softwares

1. The proceedings of the CME on Lumbar Spondylosis was released as a DVD. This contains nearly 6 hours of videos of the lectures of the resource persons covering various aspects of the diagnosis and management of Lumbar Spondylosis.
2. Individual Physician's Module (IPM) Software for Clinical Documentation, Version 1.0 was released on 23 January 2011 and Version 1.1 was released on 27 March 2011. This IPM Software helps a physician to make basic records of all clinical encounters and also to print prescriptions and to maintain ready list of medicines. It also helps to generate reports for research purposes.



## Visitors at AVTAR

- Dr. Simone Hunziker, Switzerland  
Amb. Swashpawan Singh  
Dr. Manoj Sankaranarayana, Ayurveda College, Mahe  
Dr. Christy, Brazil  
Dr. Shashi Kiran, FRLHT, Bangalore  
Dr. Tsutomu Yamashita, Japan  
Dr. May Britt-Pedersen, Denmark  
Ms. Barbara Hofmann, Germany



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